

Alpha

Frequently Asked Questions

What is Alpha?

Alpha is a milestone that gives students space to explore big questions about life, faith, and what it means to follow Jesus. Students are encouraged to bring their questions, listen to different perspectives, and have honest conversations as they continue developing their own understanding of Christian faith.

What can students expect to learn during Alpha?

Students will explore the foundations of Christianity, including who Jesus is, why his life and teachings matter, the role of the Holy Spirit, and what it means to follow him. Through video sessions and group discussion, students can ask questions, consider different perspectives, and explore how faith connects with their lives.

What does a typical Alpha session look like?

Alpha meets on Sunday evenings alongside High School Worship. Students share a meal, participate in worship, and engage with the Alpha material through discussion and conversation. The setting is designed to help students connect with one another while exploring questions about faith.

Are there opportunities for parents to be involved?

Yes! Parents can support students by helping provide meals and serving at High School Worship on Sunday evenings. Since Alpha meets alongside High School Worship, families can sign up to help with meals and serving through the High School Worship meal sign-up.

- [Sign Up to Cook](#)
- [Donate Food - Amazon Wish List](#)

How much time is required outside of sessions?

There is no regular homework requirement. Students are encouraged to participate consistently and continue thinking about the questions and conversations that come up during Alpha.

Is financial assistance available for program fees?

Absolutely. We want every student to be able to participate, regardless of financial circumstances. If you need assistance with program fees, please complete our financial assistance form:

[Financial Assistance Application](#)

What should students bring to each session?

Students should bring a Bible if they have one. Any additional materials will be provided.

How is Alpha different from regular Sunday school or small groups?

Alpha creates space for students to explore the big questions of Christian faith through video content and open conversation. Rather than expecting students to have all the answers, Alpha invites them to ask questions, think deeply, and discover what following Jesus means for themselves.

Can students bring friends to Alpha?

Alpha is designed for students who are registered and committed to participating in the journey. Friends are always welcome at other Student Ministry gatherings and events.

What happens after Alpha?

Students can continue growing through High School Worship, Sunday morning Student Community, small groups, gatherings, service opportunities, and future milestone experiences like Capstone.

What are the benefits of completing Alpha?

Students have the opportunity to explore their questions, develop a deeper understanding of Christianity, build meaningful friendships, and grow in confidence as they consider what it means to follow Jesus.

Who can I contact with additional questions?

For questions about Alpha or other Student Ministry programs, contact the Student Ministry team at students@fmcm.org.